

ABAC's Four-Year Plan for Student Success



YEAR 1

EXPLORATION

YEAR 2

PLANNING AND GUIDANCE

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ABAC's Four-Year Plan for Student Success ensures that students receive a well-rounded and all-encompassing educational experience that prepares them for the workforce and continued success postgraduation.

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Interested in personal academic and career coaching? Join FLEX!

Our <u>Freshman Learning</u>
<u>Experience</u> supports students
through their first semester of
college. Learn more and sign up
here:



YEAR 1: EXPLORATION

Career exploration, campus involvement, and decision making

Year 1 focuses on getting to know the campus, understanding your resources, building new relationships, and career decision making.

Know your resources!

ABAC has several on-campus and online resources to help you succeed in your first year, whether you need academic support or help with your career planning journey (pg. 5-6).

Build relationships!

Get to know your academic advisor, professors, and staff, who can guide you through your academic experience.

Explore your options!

Some students come to college knowing exactly what they want to do post-graduation. Others may be interested in a specific major but may need help to turn this into a career. We are here to help! Check out these resources during your first year to aid in career decision-making:

- Focus2Career personalized career assessment
- <u>Digital Career Counselor</u> see what previous graduates are doing!
- Meet with a Career Counselor! Stop by Carlton 310 or email careers@abac.edu to discuss your interests and goals, and we can help you make a personalized plan for success!

Get involved!

ABAC has <u>60+ clubs and organizations</u> on campus. We recommend you join one club that aligns with your major and another based on service!

YEAR 2:

PLANNING AND GUIDANCE

Career objectives vs. degree, minor options, and career development

Year 2 focuses on continued decision-making, ensuring that your major aligns with your long-term goals. You will also start exploring minor options and can work toward earning an associate degree by the end of the year.

Year 2 To-Dos:

- Create your resume!
 - List any previous work experience, education, or certifications
 - Keep track of your club involvement
 - Stop by the Career Center for a resume review
- Continue researching your intended career field
 - Does your current major best align with your career goals? Is there another <u>major</u>
 <u>offered</u> that may be a better fit?
 - Does your dream job require an advanced degree? If so, start looking into graduate school options
- Attend career planning workshops or programs featuring guest speakers from career fields that interest you
- Explore minor options



YEAR 3: PREPARATION

Experience, connections and leadership development



Year 3 allows you to gain professional experience on and off campus through your internship and leadership opportunities. We can also help ensure that you know all the next steps needed for your career path, so that you start strong in Year 4!

Goals this year!

- Participate in career fairs and career-related workshops to explore your options and network with potential employers
- Explore internship opportunities and decide on the best fit
 - Most students complete their internship during the summer between their junior and senior year
- Take on leadership roles
 - If you have been actively involved in a club on campus, look for leadership opportunities within the organization
 - Leadership roles help with professional development and show dedication outside of the classroom
- Create a professional online presence
 - Create a LinkedIn profile to connect with those already in the industry
 - Feel free to seek out professionals you meet at career fairs, as well as ABAC faculty and staff!
 - Update Handshake account
 - Review current social media profiles to ensure you are always making a great first impression
- Research graduate/professional school possibilities
 - What does the application process look like?
 - Does your intended program require an entrance exam such as GRE, LSAT, or MCAT?



YEAR 4: ACTION

Connecting, applying, and graduating!

Year 4 brings all of your hard work together and puts it into action. Here is a quick overview of the steps you need to take to ensure that you have a smooth transition out of college and onto the next destination!

Make sure that you...

- Revise and update your resume and draft a cover letter
- Participate in career fairs to build your network of contacts in your field of interest
- Attend Career Center workshops targeted for seniors: Resume Writing, Interview Skills, and more
- Engage in an active job search (<u>Handshake</u> is a great place to start!)
- Ask faculty and employers to be references for you
- Update your professional social media accounts

Applying to graduate school?

- Know your application deadline!
 - Many schools have different deadlines ranging from late fall to early spring
- Write and review your personal statement
- Send entrance exam test scores, if required

The Career Center is here to help you every step of the way! Email careers@abac.edu with any questions about resumes, the job search, or any other aspect of your career development process.



CAMPUS RESOURCES

Academic Support Counselors

- College readiness
- Academic intervention
- Connecting to campus resources
- Student achievement
- And much more

Carlton 314 229.391.4995/asc@abac.edu

Career Center

- Career exploration & guidance
- Resume & interview skills
- Career readiness events
- Virtual career boards
- Career Closet
- And much more

Carlton 306

229.391.4997/careers@abac.edu

Accommodation Services

- Physical and learning disabilities
- Equitable access
 - Extended time
 - Quiet & private testing
 - Note-taking
 - And much more Carlton 314

229.391.5132/ads@abac.edu

Counseling Center

- Personal mental health counseling
- Group Counseling
- Crisis Response
- Psychiatric Referral Services
- Drop-in counseling hours

Health Center

229.391.5135/counseling@abac.edu

Testing Center

- Placement testing
- HESI A2
- GACE/CLEP/eCore
- Pearson Vue
- Proctoring services
- And much more

Carlton 306 229.391.4817/testing@abac.edu

Tutoring Center

- Free
- Certified Peer Tutors
- Study Spaces
- Computer & Printing Accessibility
- Extended Hours
- Workshops

Carlton 306

229.391.4918/tutoring@abac.edu



Handshake

Destination

- ABAC's new online job and internship board!
- · Create a profile and upload your resume
- Explore career and internship opportunities
- · View upcoming Career Center events

Join Handshake!

Digital Career Counselor

- A digital dashboard that shows actual data for 9,000+ ABAC graduates
- See the top companies hiring our students!

Check out the Digital Career Counselor!

Focus2Career

- A self-paced career assessment to aid you in the decisionmaking process!
- Learn about different career paths that may interest you
- See how different majors at ABAC can help you achieve your goals

Take the Focus2Career assessment! Access code: Thunder

Graduate Spotlights

 See what recently graduates are doing now! (link coming soon)



ABAC CAREER CENTER

careers@abac.edu



